

## Leading in a Crisis

Duration: 1 day

### Course Overview

Welcome to the "Leading in a Crisis" training program! In times of crisis, effective leadership becomes more critical than ever. This one-day workshop is designed to equip you with the skills and strategies to lead confidently and decisively during challenging and uncertain times. Whether you are a leader in an organisation or aspiring to lead, this training will provide you with essential tools to navigate crisis situations with resilience and clarity.

During this training, you will learn how to identify and analyse crisis situations, make informed decisions, and communicate effectively with stakeholders. You will explore techniques for managing stress and maintaining team morale amidst adversity. Through interactive exercises and case studies, you will develop practical leadership skills that will enable you to guide your team and organisation through any crisis successfully.

By the end of this program, you will be empowered to lead with confidence, adaptability, and compassion, ensuring your organisation's resilience and success during challenging times.

Join us for a transformative learning experience that will prepare you to be a strong and effective leader in the face of crisis.

### Who should attend?

This program is suitable for current and aspiring leaders, managers, team leaders, and anyone in a leadership role or preparing for leadership positions. If you are responsible for leading teams and making critical decisions during challenging times, this training will provide you with essential tools and strategies to lead effectively in a crisis. Whether you are facing a specific crisis or want to enhance your crisis leadership capabilities, this program is ideal for you.

### Prerequisites & pre-reading guidelines

There are no specific prerequisites for this course.

### How certification is earned

Upon successful completion of this course, you will be awarded a certificate of attendance from Expleo Academy.

### Related courses

Attendees may also be subsequently interested in

- Putting Strategy into Action

### Course Objectives

On completion of this training, attendees will be able to:

- Recognise and Analyse Crisis Situations:
  - Identify different types of crises and their potential impacts on the organisation.
  - Apply critical thinking skills to analyse crisis situations and assess risks.
- Make Informed and Decisive Decisions:
  - Develop techniques for making timely and well-informed decisions during a crisis.
  - Implement strategies to manage uncertainty and ambiguity.
- Communicate Effectively with Stakeholders:
  - Learn how to communicate transparently and authentically with internal and external stakeholders.
  - Practice crisis communication to build trust and maintain credibility.
- Manage Stress and Build Resilience:
  - Recognise the signs of stress and burnout in yourself and your team.
  - Develop coping strategies and techniques to maintain resilience during a crisis.
- Maintain Team Morale and Engagement:
  - Implement approaches to boost team morale and motivation amidst crisis challenges.
  - Foster a culture of support and teamwork to navigate challenges together.
- Plan and Prepare for Future Crises:
  - Develop contingency plans and crisis management strategies for future preparedness.
  - Learn from past crises to enhance organisational resilience.

### Context

In this workshop you will learn how to identify and analyse crisis situations, make informed decisions, and communicate effectively with stakeholders.

## Course Outline

### Introduction to Leading in a Crisis

- Understanding the importance of effective crisis leadership
- Identifying different types of crises and their potential impacts

### Recognising and Analysing Crisis Situations

- Identifying crisis triggers and potential risks
- Applying critical thinking to analyse crisis situations

### Making Informed and Decisive Decisions

- Techniques for making timely and well-informed decisions during a crisis
- Managing uncertainty and ambiguity in decision-making

### Communicating Effectively with Stakeholders

- Transparent and authentic crisis communication with internal and external stakeholders
- Building trust and maintaining credibility during a crisis

### Managing Stress and Building Resilience

- Recognising signs of stress and burnout in yourself and your team
- Coping strategies and techniques to maintain resilience during a crisis

### Maintaining Team Morale and Engagement

- Boosting team morale and motivation amidst crisis challenges
- Fostering a culture of support and teamwork during a crisis

### Planning and Preparing for Future Crises

- Developing contingency plans and crisis management strategies
- Learning from past crises to enhance organisational resilience

### Training Methodology

This training program adopts an interactive and scenario-based approach. Participants will engage in group discussions, crisis simulations, role-plays, and case studies to explore and apply crisis leadership principles.

Trainers with expertise in crisis management and leadership will facilitate the discussions and provide practical insights. The training will create a collaborative and supportive learning environment, enabling participants to share experiences and learn from real-life crisis scenarios.

## Contact

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