

## Developing Facilitation Skills

*Duration: 1 day*

### Course Overview

Welcome to the "Developing Facilitation Skills" workshop! This comprehensive workshop is designed to equip participants with the essential tools and techniques to become effective facilitators. Facilitation is a crucial skill for leading productive meetings, workshops, and group discussions, enabling groups to work collaboratively and achieve their goals.

In this training, you will learn facilitation principles, communication strategies, and group dynamics to guide discussions, foster participation, and manage group conflicts constructively. By the end of this programme, you will have the confidence and competence to design and facilitate engaging and impactful sessions that lead to productive outcomes.

Whether you are an experienced facilitator seeking to refine your skills or new to facilitation, this programme will empower you to create a positive and inclusive facilitation environment and drive meaningful results.

Join us for an interactive and practical learning experience that will elevate your facilitation abilities and help you become a facilitator who brings out the best in any group.

### Who should attend?

This programme is suitable for professionals from all industries and roles who want to enhance their facilitation skills. Whether you are a team leader, manager, trainer, educator, or involved in leading group discussions, this training will benefit you if you aim to create a positive and productive facilitation environment and drive meaningful results.

### Context

In this workshop, you will learn facilitation principles, communication strategies, and group dynamics to guide discussions, foster participation, and manage group conflicts constructively.

### How certification is earned

Upon successful completion of this course, you will be awarded a certificate of attendance from Expleo Academy.

### Prerequisites & pre-reading guidelines

There are no specific prerequisites for this course.

### Related courses

Attendees may also be subsequently interested in

- Human Relations and Interpersonal Skills
- Effective Storytelling

### Course Objectives

On completion of this training, attendees will be able to:

- Understand Facilitation Principles and Techniques:
  - Define facilitation and its role in group dynamics and decision-making.
  - Recognise the key principles and techniques of effective facilitation.
- Develop Effective Facilitation Plans:
  - Set clear objectives and design facilitation sessions with purpose.
  - Structure agenda and activities to meet the needs of the group.
- Foster Participation and Engagement:
  - Utilise communication strategies to encourage active participation.
  - Create an inclusive environment that values diverse perspectives.
- Manage Group Dynamics and Conflicts:
  - Understand group behaviour and dynamics during facilitation.
  - Apply conflict resolution techniques to manage challenging situations.
- Enhance Listening and Empathy Skills:
  - Practice active listening to understand the needs and concerns of participants.
  - Demonstrate empathy to build trust and rapport with the group.
- Evaluate Facilitation Effectiveness:
  - Use feedback and self-assessment to continuously improve facilitation skills.
  - Assess the impact of facilitation on group outcomes.

## Course Outline

### Introduction to Facilitation Skills

- Understanding the significance of facilitation in group dynamics and decision-making
- Identifying key principles and techniques of effective facilitation

### Developing Facilitation Plans

- Setting clear objectives and designing purposeful facilitation sessions
- Structuring agenda and activities to meet the needs of the group

### Fostering Participation and Engagement

- Utilising communication strategies to encourage active participation
- Creating an inclusive environment that values diverse perspectives

### Managing Group Dynamics and Conflicts

- Understanding group behaviour and dynamics during facilitation
- Applying conflict resolution techniques to manage challenging situations

### Enhancing Listening and Empathy Skills

- Practicing active listening to understand participants' needs and concerns
- Demonstrating empathy to build trust and rapport with the group

### Evaluating Facilitation Effectiveness

- Using feedback and self-assessment to continuously improve facilitation skills
- Assessing the impact of facilitation on group outcomes

Enhance your facilitation skills through this transformative masterclass and unlock your potential to lead productive discussions and achieve meaningful outcomes in any group setting. Join us to become a skilled and influential facilitator who fosters collaboration and drives success.

### Training Methodology

This masterclass adopts an interactive and experiential approach. Participants will engage in role-plays, group discussions, real-life case studies, and practical exercises to apply facilitation concepts in various scenarios. Trainers with extensive experience in facilitation and group dynamics will provide personalised feedback and guidance to enhance participants' facilitation skills. The training will foster a collaborative and supportive learning environment, allowing participants to practice and develop their facilitation techniques effectively.

## Contact

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