

## Developing Core Leadership Skills

Duration: 1 day

### Course Overview

Welcome to the "Developing Core Leadership Skills" training programme! Effective leadership is essential for driving success and growth in any organisation. This one-day workshop is designed to equip you with the foundational leadership skills necessary to lead with confidence and impact. Whether you are a new leader or aspiring to step into a leadership role, this training will provide you with essential tools and strategies to excel in your leadership journey.

During this training, you will explore the core principles of leadership, including communication, emotional intelligence, and decision-making. You will learn techniques for motivating and inspiring your team, fostering a positive work culture, and resolving conflicts. Through interactive exercises and case studies, you will develop practical leadership skills that you can apply immediately to lead your team to success.

By the end of this programme, you will be empowered to lead with authenticity, communicate effectively, and build a high-performing team that thrives under your guidance.

Join us for a transformative learning experience that will unleash your leadership potential and pave the way for your professional growth and success.

### Who should attend?

This programme is suitable for current and aspiring leaders, supervisors, managers, and anyone in a leadership role or preparing for leadership positions. Whether you are new to leadership or seeking to enhance your leadership capabilities, this training will provide you with essential tools and strategies to develop core leadership skills. If you want to unlock your leadership potential and become a more impactful leader, this programme is ideal for you.

### Prerequisites & pre-reading guidelines

There are no specific prerequisites for this course.

### Related courses

Attendees may also be subsequently interested in

- Leading in a Crisis

### How certification is earned

Upon successful completion of this course, you will be awarded a certificate of attendance from Expleo Academy.

### Course Objectives

On completion of this training, attendees will be able to:

- Understand Core Leadership Principles:
  - Define the key characteristics and qualities of effective leadership.
  - Explore different leadership styles and approaches.
- Develop Effective Communication Skills:
  - Master the art of clear and impactful communication.
  - Learn active listening techniques to enhance understanding and collaboration.
- Cultivate Emotional Intelligence:
  - Understand the role of emotional intelligence in leadership.
  - Develop strategies to manage emotions and build strong relationships.
- Motivate and Inspire Your Team:
  - Discover techniques for motivating and empowering team members.
  - Learn how to inspire a shared vision and align team goals with organisational objectives.
- Build a Positive Work Culture:
  - Foster a culture of trust, collaboration, and innovation.
  - Address and resolve conflicts constructively within the team.
- Make Effective Decisions:
  - Enhance problem-solving and decision-making skills.
  - Apply a systematic approach to making well-informed decisions.

### Context

This workshop is designed to equip you with foundational leadership skills including communication, emotional intelligence and decision-making for motivating your team, fostering a positive work culture and resolving conflicts.

## Course Outline

### Introduction to Developing Core Leadership Skills

- Understanding the importance of core leadership skills in driving success
- Exploring different leadership styles and characteristics of effective leaders

### Developing Effective Communication Skills

- Mastering clear and impactful communication techniques
- Practicing active listening to enhance understanding and collaboration

### Cultivating Emotional Intelligence

- Understanding the role of emotional intelligence in effective leadership
- Developing strategies to manage emotions and build strong relationships

### Motivating and Inspiring Your Team

- Techniques for motivating and empowering team members
- Inspiring a shared vision and aligning team goals with organisational objectives

### Building a Positive Work Culture

- Fostering a culture of trust, collaboration, and innovation
- Addressing and resolving conflicts constructively within the team

### Making Effective Decisions

- Enhancing problem-solving and decision-making skills
- Applying a systematic approach to making well-informed decisions

## Training Methodology

This training programme adopts an interactive and participatory approach. Participants will engage in group discussions, role-plays, leadership exercises, and case studies to explore and apply core leadership principles. Trainers with expertise in leadership development and team management will facilitate the discussions and provide practical insights. The training will create a collaborative and supportive learning environment, enabling participants to share experiences and learn from real-life leadership scenarios.

## Contact

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