

Building a High Performing Team

Duration: 1 day

Course Overview

Welcome to the "Building a High Performing Team" training program! Teams are the backbone of any successful organisation, and a high-performing team can achieve remarkable results. In this one-day workshop, we will explore the essential elements of building and leading a high-performing team. Whether you are a team leader, manager, or a member of a team, this training will provide you with valuable insights and practical strategies to foster collaboration, communication, and synergy within your team.

During this training, you will gain a deep understanding of team dynamics, roles, and responsibilities. You will explore techniques for effective communication, goal setting, and conflict resolution to optimise team performance. Through interactive activities and team-building exercises, you will practice building trust, promoting innovation, and leveraging the diverse strengths of team members.

By the end of this program, you will be equipped with the knowledge and skills to create a high-performing team that achieves exceptional outcomes, fosters a positive work environment, and sustains long-term success.

Join us for a transformative learning experience that will empower you to build a high-performing team that thrives on collaboration, synergy, and shared success.

Who should attend?

This program is ideal for team leaders, managers, project managers, and anyone interested in building and leading high-performing teams. Whether you are a new team leader seeking to enhance your leadership skills or an experienced manager aiming to optimise team performance, this training will provide you with essential tools and strategies to build cohesive, high-performing teams.

Prerequisites & pre-reading guidelines

There are no specific prerequisites for this course.

Related courses

Attendees may also be subsequently interested in

- Managing a Remote team

How certification is earned

Upon successful completion of this course, you will be awarded a certificate of attendance from Expleo Academy.

Course Objectives

On completion of this training, attendees will be able to:

- Understand the Key Elements of a High Performing Team:
 - Identify the characteristics of a high-performing team.
 - Recognise the impact of teamwork on organisational success.
- Build Trust and Collaboration within the Team:
 - Learn strategies to build trust and strengthen team relationships.
 - Promote open communication and collaboration among team members.
- Set Clear Goals and Expectations:
 - Understand the importance of setting clear and achievable team goals.
 - Develop strategies for effective goal setting and performance measurement.
- Leverage Diverse Strengths and Roles:
 - Recognise and leverage the diverse strengths of team members.
 - Understand the significance of individual roles in achieving team objectives.
- Resolve Conflict and Foster a Positive Team Culture:
 - Develop conflict resolution skills to address team challenges constructively.
 - Foster a positive team culture that encourages innovation and continuous improvement.
- Sustain High Performance and Team Engagement:
 - Implement strategies to sustain team motivation and engagement.
 - Create a supportive and inclusive team environment that promotes well-being.

Context

In this workshop, you will gain a deep understanding of team dynamics, roles, and responsibilities. You will explore techniques for effective communication, goal setting, and conflict resolution to optimise team performance.

Course Outline

Introduction to Building a High Performing Team

- Defining a high-performing team and its impact on organisational success
- Understanding the essential elements of successful team dynamics

Building Trust and Collaboration within the Team

- Identifying strategies to build trust and strengthen team relationships
- Promoting open communication and collaboration among team members

Setting Clear Goals and Expectations

- Understanding the importance of setting clear and achievable team goals
- Developing strategies for effective goal setting and performance measurement

Leveraging Diverse Strengths and Roles

- Recognising and leveraging the diverse strengths of team members
- Understanding the significance of individual roles in achieving team objectives

Resolving Conflict and Fostering a Positive Team Culture

- Developing conflict resolution skills to address team challenges constructively
- Fostering a positive team culture that encourages innovation and continuous improvement

Sustaining High Performance and Team Engagement

- Implementing strategies to sustain team motivation and engagement
- Creating a supportive and inclusive team environment that promotes well-being

Training Methodology

This training program adopts an interactive and participatory approach. Participants will engage in team-building activities, role-plays, case studies, and group discussions to explore and apply team dynamics and leadership principles.

Trainers with expertise in team development and leadership will facilitate the discussions and provide practical insights. The training will foster a collaborative and supportive learning environment, allowing participants to share experiences and learn from each other's perspectives.

Contact

Patricia McGuire

Head of Training

Expleo Technology Ireland Ltd

M. +353 (0)87 235 5902

W. expleoacademy.com

pat.mcquire@expleogroup.com

academy-UKI@expleogroup.com